

# Thriving in a Stepfamily

*Help and Hope for Blended Families*

**Oct  
13<sup>th</sup>**

**Friday preconference for Soar women's event Oct 14  
Kennesaw, Ga**



**[TheSmartStepmom.com/events](https://TheSmartStepmom.com/events)**



# Who's Your Daddy?

- \*Isn't it time to start living the abundant life Jesus describes?
- \*Do you wonder why others seem to have a deeper relationship with God than you do?
- \*Are you ready to get off the spiritual treadmill that's going nowhere?

It's time to meet your **real** Daddy

Oct 14th Kennesaw, Ga

[www.LauraPetherbridge.com/events](http://www.LauraPetherbridge.com/events)



## **Thriving in a Stepfamily-Help and Hope for Blended Families**

Every day in America 1300 new stepfamilies are formed<sup>1</sup>. As a stepmom of 37 years, and having 3 stepparents herself, Laura Petherbridge shares insights on how to survive and thrive in a blended family.

This is designed for anyone who is related to a blended family including:

- the adult stepchild
- grandparents
- siblings
- a former spouse
- former in-laws

And for those who are dating, engaged, or married to a person with kids.

Laura will help you learn how to:

- Understand and overcome stepfamily complexities.
- Discover why the stepfamily is radically different than a first-time family.
- Co-parent even if the former spouse is high conflict.
- Unify as a couple when the kids threaten to destroy.
- Comprehend what the kids are “really” saying.
- Create strategies that strengthen and unify the marriage.

---

<sup>1</sup> SmartStepfamilies.com, Ron L Deal

## **Losing My Mind and Loving It!**

Do anxious and stressful thoughts overtake your mind? Does your mind go places you don't want it to go? Would you like to learn how to control your mind rather than having it dictate your emotions? Laura shares how to think like Christ, even during chaos.

Laura reveals how you can:

- Replace distressing doubt with unshakeable faith
- Learn why and how fear paralyzes us
- Conquer uncertainty and negativity
- Overcome poor choices